

# VIVAMUS

Psychologists

*While we live, let us live*

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Vivamus Psychologists are facilitating a two-day course on Systemic Thinking in Marble Arch, Central London

## An Introduction to Systemic Thinking

Friday 24<sup>th</sup> February & Saturday 25<sup>th</sup> February 2012

The course is intended for Psychology Graduates (Support Workers, Assistant Psychologists, Research Assistants etc.) Systemic Therapy is one of the core therapeutic approaches used by Psychologists. This course aims to provide an introduction to Systemic approaches, in order to leave you more confident and skilled in conceptualising organisations, professional networks, families and individuals within a systemic framework.

### Day One

1. Systemic Therapy in Context:
  - From past to present – three phases of Family Therapy:
    - i. Structural family therapy
    - ii. Milan approaches
    - iii. Post-Milan and social constructionism
  - Role of systemic therapy in the NHS and healthcare
2. Key ideas and skills – Part I:
  - How to 'do' therapy – approach, stance & techniques
  - Systemic approaches to formulation

### Day Two

1. Key ideas and skills – Part II:
  - Altering structures and using tasks
  - Reframing, circularity and hypothesizing
  - Externalizing problems
  - Reflective practice
2. Levels of Intervention
  - Uses and adaptations in clinical practice
  - Networks and co-ordinating care
  - Professional consultation
3. Critical evaluation and feedback

	Early Bird Registration (before 09.01.12)	Registration (after 09.01.12)
Two Day Course	£175	£200

**The course will be facilitated by Clinical and Counselling Psychologists who are Chartered under the British Psychological Society and registered with the Health Professions Council**



**For further information or to register for the course, please contact:**

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